



White Bleeding Heart
Dicentra spectabilis 'Alba'

Height: 32 inches
Spread: 3 feet
Spacing: 30 inches
Sunlight: ● ●
Hardiness Zone: 1

Ornamental Features

White Bleeding Heart features delicate nodding white heart-shaped flowers dangling from the stems from late spring to early summer. Its ferny compound leaves remain light green in color throughout the season. The fruit is not ornamentally significant.

Landscape Attributes

White Bleeding Heart is an herbaceous perennial with a mounded form. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

This plant will require occasional maintenance and upkeep, and should be cut back in late fall in preparation for winter. It is a good choice for attracting butterflies to your yard, but is not particularly attractive to deer who tend to leave it alone in favor of tastier treats. It has no significant negative characteristics.

White Bleeding Heart is recommended for the following landscape applications;

- Mass Planting
- General Garden Use

Planting & Growing

White Bleeding Heart will grow to be about 32 inches tall at maturity, with a spread of 3 feet. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 30 inches apart. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 15 years. As this plant tends to go dormant in summer, it is best interplanted with late-season bloomers to hide the dying foliage.



White Bleeding Heart flowers
Photo courtesy of NetPS Plant Finder



White Bleeding Heart in bloom
Photo courtesy of NetPS Plant Finder



This plant does best in partial shade to shade. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.